



Department of Chemistry  
Extension Activities (2021-2022)

Extension Activity on

Integrated Child Development Scheme (ICDS) under Poshan Abhiyaan

Venue: Government Middle School, Chathiram Street, Udumalpet

Date: 25.03.2022

Report

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SRI G.V.G. VISALAKSHI COLLEGE FOR WOMEN

DEPARTMENT OF CHEMISTRY

Extension Activity on Integrated Child Development Scheme (ICDS) under POSHAN ABHIYAAN

Venue : Municipal Elementary School Chathiram Street, Udumalpet. DATE : 25.03.2022

AGENDA

- \* To measure the height and weight of children from 0-6 years
- \* To prepare the growth charts as per WHO Child Growth Standards
- \* To create awareness in the community about ICDS.
- \* To improve Nutrition, Health, Mental and Social Development of children through nutrition and health education.
- \* To sensitize the child care habit at the family level to prevent malnutrition among the children.

MEMBERS PRESENT

Ms. Veena, CDPO, Udumalpet, Mrs. N. Karpagam, Headmistress, Municipal Elementary School, Chathiram Street, Udumalpet, R. Karthikeyan, District Coordinator (Tiruppur), EKAM Foundation, Anganwadi Workers, Anganwadi Supervisors and Dr. J. Bhuvanawari, Assistant Professor in Chemistry, Sri G.V.G. Visalakshi College for Women, Udumalpet.

Minutes

- \* The aim of the extension activity is to create an awareness about ICDS activities among the community at Udumalpet. The objective of the ICDS is to bring improvement in the health and nutritional status of children from 0 to 6 years, pregnant and lactating mothers.
- \* The Programme was started with welcome address by Ms. Veena CDPO, Udumalpet at 10.00 am in the Municipal Elementary School, Chathiram Street, Udumalpet.



- \* In order to measure the height and weight of children, the student volunteers of III B.Sc Chemistry formed 16 teams for different Anganwadis.
- \* The collected data were given to respective Anganwadi workers to prepare the growth charts.
- \* During data collection, students created awareness about the ICDS and educated the mothers about the child care habits at the family level to prevent malnutrition among the children.
- \* Finally, Ms. Veera CDPO, Mr. R. Karthikeyan, EKAM Foundation, Anganwadi Workers appreciated the work done by our students. Also, they expressed their gratitude to the Department of Chemistry, Sri G.V.G. Visalakshi College for Women, Udumalpet.

*[Signature]* 25/3/2022  
 உறுப்பினர் அ.பி.பி.  
 சி.சி.டி.சி. சேவை அலுவலகம்,  
 உடுமலைபட்டினம்

*[Signature]*  
 25.3.22  
 குழந்தை வளர்ச்சித் திட்ட அலுவலர்  
 உடுமலைபட்டினம்

D. Karthi Keyan EKAM Foundation Raj 9659042526  
 T. mppm

*[Signature]*  
 Head, Department of Chemistry,  
 Sri G.V.G. Visalakshi College for Women,  
 (Autonomous) Udumalpet-642128

*[Signature]*  
 25.3.22  
 PRINCIPAL  
 SRI G.V.G. VISALAKSHI COLLEGE  
 FOR WOMEN (AUTONOMOUS)  
 VENKATESA MILLS POST,  
 UDUMALPET - 642 128

*[Signature]*  
 Extension Convener





## Extension Report

### Sri GVG Visalakshi College for Women

#### Department of Chemistry

Extension activity on

#### Integrated Child Development Scheme (ICDS) under Poshan Abhiyaan

**Date** : 25.03.2022

**Participants** : III BSc. Chemistry Students (43)

**Beneficiaries** : The Public Residing at Udumalpet (268)

Integrated Child Development Services (ICDS) scheme is world's largest community-based programme. The scheme is targeted at children upto the age of 6 years, pregnant and lactating mothers. The scheme is aimed to improve the health, nutrition and education of the target community.

With the aim of creating awareness about ICDS activities among the community at Udumalpet, the programme was started with welcome address by Ms. Veena, CDPO, Udumalpet at 10.20 am. in the Municipal Elementary School, Chathiram Street, Udumalpet. Then, the student volunteers of III B. Sc Chemistry formed 16 teams to measure the height and weight of children at Chathiram Street, Dharapuram Padhai, Earipalaiyam, Thillai Nagar (Extension 1 and 2), Katcherri Street, Singapore Nagar, PA Nagar, UKC Nagar, Rudhrappanagar, Taxi Stand, Thaisei Nalam, Ishwarya Nagar, Gandhi Nagar, Church Street, Nagarajan Street and Ramasamy Nagar. Data Collected (for 268 children) were given to respective Anganwadi workers to prepare the growth charts.

During data collection, students created awareness about the ICDS and educate the mother about the child care habit at the family level to prevent malnutrition among the children. The anganwadi worker assisted and made the necessary arrangements. Finally, Ms. Veena, CDPO, Mr. R. Karthikeyan, EKAM Foundation, Anganwadi Workers, Anganwadi Helpers and Supervisors were appreciated the work done by the students. Also showed their gratitude to the Department of Chemistry, Sri GVG Visalakshi College for Women.

*M. Malaij*

*Rajiswami*

PRINCIPAL  
SRI GVG VISALAKSHI COLLEGE  
FOR WOMEN (AUTONOMOUS)  
VENKATESA MILLS POST,  
UDUMALPET - 642 128



Permission Letter

From

M. Malarvizhi,  
Head, Department of Chemistry,  
Sri G.V.G Visalakshi College for Women (Autonomous),  
Udumalpet.

To

The Principal,  
Sri G.V.G Visalakshi College for Women (Autonomous),  
Udumalpet.

Sub: Permission to conduct activity under DBT Star College Scheme reg.

Respected Madam,

Under DBT Star College Scheme with reference to grant sanction Order No.102/IFD/SAN/938/2017-2018 dated 07.06.2017, we planned to conduct an Extension activity on Integrated Child Development Scheme (ICDS) under Poshan Abhiyaan on 25.03.2022 at the Municipal Elementary School, Chathiram Street, Udumalpet. Kindly grant us permission to do so.

Thanking you

Station: Udumalpet  
Date : 22.03.2022

Yours sincerely,

*M. Malarvizhi*

*Rajoswarini*  
PRINCIPAL  
SRI GVG VISALAKSHI COLLEGE  
FOR WOMEN (AUTONOMOUS)  
VENKATESA MILLS POST,  
UDUMALPET - 642 128



Circular

**Circular**

Department of Chemistry

Department of Chemistry is planned to conduct an Extension activity on Integrated Child Development Scheme (ICDS) under Poshan Abhiyaan on 25.03.2022 at the Municipal Elementary School, Chathiram Street, Udumalpet. All the final year students are hereby informed to report to the department at 08.30 am.

Date: 22.03.2022

*M. Malathi*  
Signature of the HoD

*Rajawani*  
PRINCIPAL  
SRIGVG VISALAKSHI COLLEGE  
FOR WOMEN (AUTONOMOUS)  
VENKATESA MILLS POST,  
UDUMALPET - 642 128



Invitation



**SRI GVG VISALAKSHI COLLEGE FOR WOMEN**  
**[AUTONOMOUS], UDUMALPET**  
Affiliated to Bharathiar University  
Re-Accredited at A+ Grade by NAAC (Fourth Cycle)  
An ISO 9001:2015 Certified Institution

**Department of Chemistry**

In Association with

**Integrated Child Development Department and EKAM Foundation**

Organizes an Extension Activity On

**Integrated Child Development Scheme (ICDS) under Poshan Abhiyaan**

Location: Udumapet, Tiruppur District

Date : 25.03.2022



Venue: Municipal Elementary School, Chathiram Street, Udumalpet

Coordinator  
Dr. J. Bhuvaneshwari

Head of the Department  
Dr. M. Malarvizhi

Principal  
Dr. N. Rajeswari





List of Beneficiaries

GROWTH MONITORING CAMPAIGN POSHAN PAKWADA- 2022  
INTEGRATED CHILD DEVELOPMENT SERVICES - UDUMALPET

GVG COLLEGE - EGAM FOUNDATION

82-4311167 - J.Sivaselvi 6385837591 - C.Sneha

9486361016 - R.Sneha 8870834486 - S.Sneha

J.Sivaselvi  
C.Sneha  
R.Sneha  
S.Sneha

NAME OF THE VOLUNTEER-

DEPT. - in-chemistry

CELL NUMBER -

Table with 11 columns: SNO, CHILD NAME, DOB, CHILD ADHAR, PARENTS NAME, PARENTS ADHAR, DOOR NO, STREET NAME, ADDRESS, HEIGHT (cm), WEIGHT(kg), MOBILE NUMBER. Contains 15 rows of beneficiary data.

J.Sivaselvi Sneha.R  
Sneha.C S.Sneha

GROWTH MONITORING CAMPAIGN POSHAN PAKWADA- 2022  
INTEGRATED CHILD DEVELOPMENT SERVICES - UDUMALPET

GVG COLLEGE - EGAM FOUNDATION

9486361016 - R.Sneha 6385837591 - C.Sneha

82-4311167 - J.Sivaselvi 8870834486 - S.Sneha

J.Sivaselvi  
C.Sneha  
R.Sneha  
S.Sneha

NAME OF THE VOLUNTEER-

DEPT. - in-chemistry

CELL NUMBER -

Table with 11 columns: SNO, CHILD NAME, DOB, CHILD ADHAR, PARENTS NAME, PARENTS ADHAR, DOOR NO, STREET NAME, ADDRESS, HEIGHT (cm), WEIGHT(kg), MOBILE NUMBER. Contains 20 rows of beneficiary data.

J.Sivaselvi Sneha.R  
Sneha.C Sneha.S



# Sri G.V.G. Visalakshi College for Women

## GROWTH MONITORING CAMPAIGN POSHAN PAKWADA-2022 INTEGRATED CHILD DEVELOPMENT SERVICES - UDUMALPET GVG COLLEGE - EGAM FOUNDATION

N. Rahamathunnisa  
P. Prayathvi

NAME OF THE VOLUNTEER- S. Divya devi

DEPT - Chemistry

CELL NUMBER - 9369548130, 6382762817, 8489008521

S NO	CHILD NAME	DOB	CHILD ADHAR	PARENTS NAME	PARENTS ADHAR	DOOR NO, STREET NAME	ADDRESS	HEIGHT (cm)	WEIGHT (kg)	MOBILE NUMBER
1.	Aysha	18.6.21		Abdul Hachim Rai Munnisa	398949784161	38, Chandraman Koyyala	Udt.	69	6.2	7448338489
2.	NIKITH	17.8.20		Manojitra Bhavik Manikandan	218929834426	44/2, Chandraman Koyyala	Sowaramma Nam, Udt.	83	9.9	8200970491
3.	Sara Helena	13.7.19		Jesinta May Godwin	890156217489	43, Nedunjeligan Colony	Udt.	97	13.8	9400201178
4.	silvini shai	8.10.21		Shree Banu Dineshan		11D, Nedunjeligan Colony	Udt.	74	9.5	9384545788
5.	Shikha	23.1.22		Uma Devi Srinivasulu	790271809123	15, Lakshmi EN Road	Udt.	60	5.4	7539005584
6.	Shritha	16.7.18		Shree Banu Dineshan	496806838671	3/24, Chandraman Koyyala	Udt. (Kannur)	99	17.8	9080611174
7.	Shritha	2.3.19		Shree Banu Dineshan	950399823988	02, Lakshmi EN Road	Udt.	94	14.9	978816416
8.	Shritha	3.4.19		Shree Banu Dineshan	742373387944	5/19, Lakshmi EN Road	Udt.	98	15.0	6381888653
9.	Shritha	24.11.21		Shree Banu Dineshan	399230077511	8B, Lakshmi EN Road	Udt.	89	9.6	6389923681
10.	Shritha	30.11.21		Shree Banu Dineshan	627528305642	35, Lakshmi EN Road	BRUNYAN, Udt.	56	5.2	9444857050
11.	Shritha	15.10.21		Shree Banu Dineshan	643615687368	02, Lakshmi EN Road	Udt.	72	9.8	8675157392
12.	Shritha	2.3.20		Shree Banu Dineshan	536491368960	6D, Lakshmi EN Road	BRUNYAN, Udt.	76	9.3	978642597
13.	Shritha	8.4.21		Shree Banu Dineshan	402856028673	6D, Lakshmi EN Road		67	9.0	978667527
14.	Shritha	6.5.17		Shree Banu Dineshan	351298562703	6D, Lakshmi EN Road		108	18.8	8248137393
15.	Shritha	14.4.19		Shree Banu Dineshan	821815929598	05, Lakshmi EN Road		93	13.0	9095324361





List of Students

Sri G.V.G. Visalakshi college for  
women, Department of chemistry

Extension activity on  
Integrated child Development programme under poshan  
Abhiyaan

Date : 25.03.2022

S.No	Register Number	Name.	Signature
1	19BC8221	B. Angulakshmi	B. Angul .
2	19BC8220	Ajitha-V	Ajitha.V
3	19BC8262	S. Sindhiya	Sindhiya
4	19BC8223	G. Archana	G. Archana
5	19BC8234	V. Kalaiyarasi	V. Kalaiyarasi
6	19BC8245	L. Mathalakshmi	L. Mathalakshmi
7	19BC8224	V. Bharathi	V. Bharathi
8	19BC8249	AR. Nivethitha	Nivethitha
9	19BC8259	V. Sakthi	Sakthi
10	19BC8256	M. Rajavarshni	M. Raji
11	19BC8233	T. Kalaiyarasi	T. Kalaiyarasi
12	19BC8257	R. Rajitha	Rajitha.R.
13	19BC8258	M. Renuga Devi	Renugadevi
14	19BC8247	A. Nivetha	A. Nivetha
15	19BC8222	G. Dharsini	Dharsini
16	19BC8239	M. Keerthi	Keerthi M
17	19BC8235	T. Karthikeya	Karti.T.
18	19BC8265	R. Anika	Anika P.



19.	19BC8255	K. RahamathNisha	K. Raj
20.	19BC8231	P. Gayathri	P. G. J
21.	19BC8268	S. Suwathika	S. Suwathika
22.	19BC8218	R. Aarthi	R. Aarth
23.	19BC8286	V. Christy Grace.	v. chij
24.	19BC8269	D. Vishnujyapriya	D. Vishnuji
25.	19BC8241	J. kinethika	J. kinethika
26.	19BC8225	A. Bhavana	A. Bhavana
27.	19BC8263	J. Sivaselvi	J. Sivaselvi
28.	19BC8250	M. Paalparadiyamma	M. Paalparadiyamma
29.	19BC8230	S. Durga Devi	S. Durga
30.	19BC8266	S. Sacha	S. Sacha
31.	19BC8237.	G. Kavya.	G. Kavya
32.	19BC8245	R. Logitha	R. Logitha
34.	19BC8252	B. Princi Reeta	B. Princi
35.	19BC8853	S. Priyadharsini	S. Priyadharsini
36.	19BC8246	G. Nandhini	G. Nandhini
37.	19BC8264	Sruha. C	Sruha. C
38.	19BC8232	K. Iswarya	K. Iswarya
39.	19BC8227	G. Deepika	G. Deepika
40.	19BC8238	P. Kavya	P. Kavya
41.	19BC8240	S. Kirthiga	S. Kirthiga
42.	19BC8251	G. Pankaj	G. Pankaj
43.	19BC8254	A. pushpanayaki	A. pushpanayaki



Photos

Integrated Child Development Scheme (ICDS) under Poshan Abhiyaan-25-03-2022









Newspaper Report-Integrated Child Development Scheme (ICDS) under Poshan Abhiyaan

துறை இடத்தில், அனை பூங்காவும், பல ஆண்ட சாந்த வாத்தகம் இல்லா தயார்

## ஆரோக்கிய குழந்தைகள் கண்டறிதல் பணி

**உடுமலை, மார்ச் 28-** உடுமலையில், கல்லூரி மாணவியர் வாயிலாக, பிறந்தது முதல் 6 வயதுக்கு உட்பட்ட ஆரோக்கிய குழந்தைகளை கண்டறியும் பணி மேற்கொள்ளப்பட்டது.

தமிழகத்தில், ஒருங்கிணைந்த குழந்தைகள் வளர்ச்சி திட்டம் வாயிலாக, ஆரோக்கிய குழந்தைகளைக் கண்டறியும் முகாம் செயல்படுத்தப்பட்டது.

அவ்வகையில், இந்த திட்டத்தின் கீழ், பிறந்தது முதல் 6 வயதுக்கு உட்பட்ட அனைத்து குழந்தைகளின் எடை மற்றும் உயரம் ஆகிய விபரங்கள் பதிவு செய்யப்படுகிறது. இதற்கான பணியில்,

**நகரில் 630 பேர் பதிவு**



இவர்கள், வீடுகள்தோறும் நேரடியாகச் சென்று, 6 வயதுக்கு உட்பட்ட குழந்தைகளை கண்டறிந்து, அவர்களின் பிறந்த தேதி, எடை மற்றும் உயரத்தை கண்க்கிட்டனர்.

தொடர்ந்து, தனியார் பள்ளிகள், நர்சரி மற்றும் பிளேமரி பள்ளிகளுக்குச் சென்றும் இதற்கான பணியில் ஈடுபட்டனர்.

இதுகுறித்து குழந்தைகள் வளர்ச்சி திட்ட அலுவலர் வீணா கூறிய தாவது:

பிறந்தது முதல் 6 வயது குழந்தைகளை கொண்ட பெற்றோர் தங்களுக்கு குழந்தைகளின் மற்றும் உயரம் விபரங்களை

செய்ய ஒத்துழைப்பு அளித்தனர். ஏற்கனவே, அங்கள் வாடி மையம் வாயிலாக, 8,300 குழந்தைகளின் விபரம் பதிவு செய்யப்பட்டது. இந்நிலையில், நகர்ப்புறத்தில், 630 குழந்தைகளின் விபரம் பதிவு செய்யப்பட்டுள்ளது.

அதில், 82 பேர், புதிதாக கண்டறியப்பட்டவர்கள் ஆவர். இப்பதிவின் வாயிலாக, குழந்தைகளின் எடை குறைவு, மெலிவு தன்மை, குள்ளத்தன்மை ஆகியவை வகைப் பிரிக்கப்பட்டு, அதற்கேற்ப உரிய நடவடிக்கை எடுக்கப்படும்.

இவ்வாறு, அவர் கூறினார்.

ஆரோக்கிய குழந்தைகளை கண்டறிவதற்கான பயற்சி வகுப்பு, உடுமலை சத்திரம் வீதி அங்கன்வாடி மையத்தில் நடந்தது.

ஜி.வி.ஜி., மகளிர் கல் லூரி ஆங்கிலம் மற்றும் வேதியியல் பிரிவு மாணவியர், என்.எஸ்.எஸ்., மாணவியர் என, 100 பேர் ஈடுபடுத்தப்பட்டனர்.